



John The Baptist

Quick Start & User Guide

Smart renaming, organized audio deliveries, and customizable loudness reports for Pro Tools.

VERSION 1.0.0

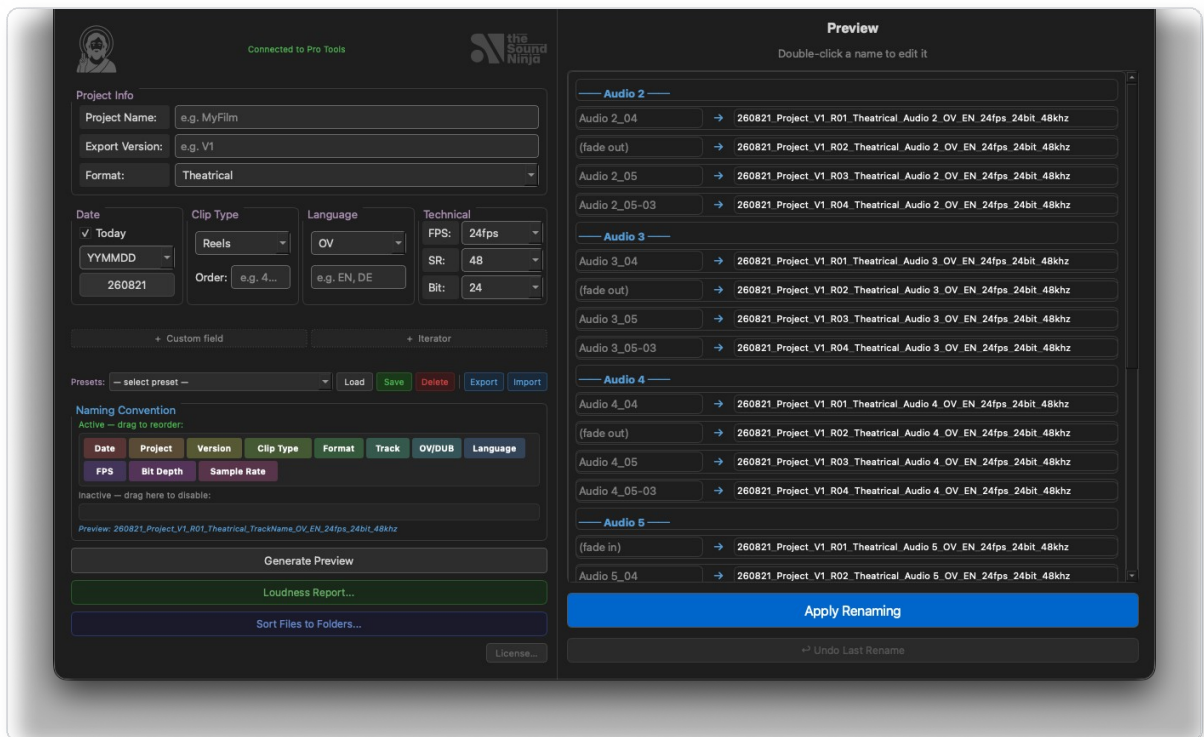
thesound.ninja

Quick start: rename files safely

PREPARE Open the correct Pro Tools session and select the tracks that contain your delivery clips.

1. Launch John The Baptist and confirm the green Connected to Pro Tools status.
2. Enter Project Name, Export Version, Format, Date, Clip Type, Language, and the technical values.
3. Arrange the token chips under Naming Convention. Drag tokens you do not need to Inactive.
4. Click Generate Preview. Review every proposed name; double-click an individual name to edit it directly.
5. Click Apply Renaming. John renames the Pro Tools clips and their associated WAV files on disk.

SUCCESS A confirmation appears after a successful rename. Undo Last Rename is now available for a limited time.



Preview compares the current and proposed names. Apply Renaming performs the actual changes.

Installation and first launch

1. Download the DMG from the product page at thesound.ninja.
2. Double-click the DMG and drag the app to the Applications folder.
3. Launch the app from Applications and accept the License Agreement on first launch.
4. Paste the Activation Key from your purchase email and click Activate.

SYSTEM macOS 13 or later, an Apple silicon Mac, and Pro Tools 25.6 or later. A Pro Tools session must be open.

John The Baptist needs access to the audio files and destination folders used by the workflow. Follow the macOS prompt or grant access in System Settings > Privacy & Security.

License, offline use, and updates

- An internet connection is required for activation. Once activated, all product features work offline.
- A temporary license or version-check outage does not block an already activated app.
- Use License... to review the license status and deactivate the current machine.
- Updates are installed manually: download the new DMG and replace the existing app in Applications. Settings are retained.

Build a naming convention

Project Info and technical values

The fields in the upper section supply the values used by the naming convention. The visible example combines project information, delivery type, language, frame rate, bit depth, and sample rate.

Tokens

Tokens are individual name components. The name is assembled from left to right using all active chips.

Area	Function
Active	Reorder active tokens by drag and drop.
Inactive	Drag unused tokens here; they are omitted.
+ Custom field	Create any number of custom fields with your own labels and values.
+ Iterator	Add sequential numbers or letters.
Preview	Shows the current naming result before Generate Preview.

The final main window includes Date, Project, Version, Clip Type, Format, Track, OV/DUB, Language, FPS, Bit Depth, and Sample Rate, plus custom fields and iterators.

Iterators

- Custom Iterators can use 1, 01, 001, a, or A sequences.
- The starting value and reset-per-track behavior are configurable.
- Reels and episodes can be entered as individual values or ranges, for example 2,6,7 or 3-6.
- Built-in reel and episode iterators restart on each new track; Custom Iterators can restart or continue across tracks.

Save and share presets

1. Configure the fields, tokens, and iterators.
2. Click Save and assign a clear profile name.
3. Select a profile from the dropdown and click Load to restore it.
4. Use Export to save a .jtbprofile file, and Import to load it on another workstation.

Preview, collision protection, and undo

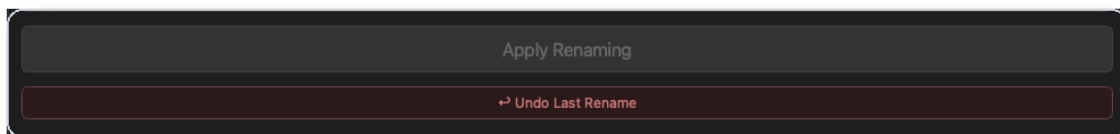
Generate Preview is the safety gate

John does not rename anything until a current Preview has been generated. The Preview groups clips by track and shows the current and proposed name for each clip.

- Duplicate destination names block Apply Renaming. Adjust the convention or add an iterator.
- Names must comply with macOS, file-system, and Pro Tools rules. Invalid characters are not replaced automatically.
- The .wav extension is retained.
- After a rename, Apply Renaming remains disabled until a new Preview is generated.

Undo Last Rename

If you notice an error immediately after renaming, click Undo Last Rename. It applies only to the most recent rename.



Undo Last Rename is available only immediately after renaming.

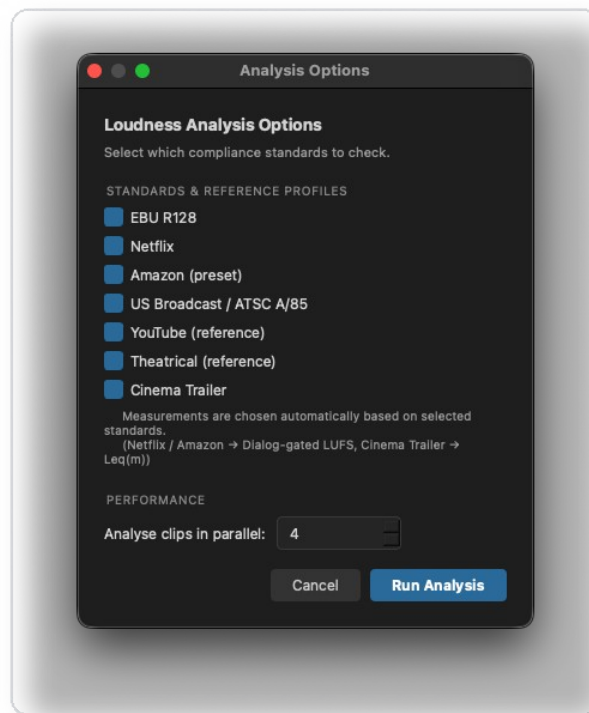
IMPORTANT Undo is no longer available after another operation is performed or the app is closed.

A typical rename normally takes less than 30 seconds; actual time depends on the amount of material and storage device.

Analyze loudness

Loudness Report works independently from renaming and folder organization. It supports WAV and Broadcast WAV files from the selected Pro Tools tracks, from mono and stereo through common multichannel formats including 7.1.4. Interleaved and related multiple-mono files are evaluated as one multichannel program.

1. In Pro Tools, select the tracks containing the delivery clips you want to analyze.
2. Click Loudness Report... in the main window.
3. Under Standards & Reference Profiles, enable every profile you want to check.
4. Normally leave Analyse clips in parallel at its default value of 4, or adjust it when required.
5. Click Run Analysis and wait for the completion message.



Netflix and Amazon use dialog-gated LUFS; Cinema Trailer uses Leq(m).

INCONCLUSIVE If the dialog-gated measurement required by Netflix or Amazon is unavailable, John does not substitute ungated Integrated Loudness. The result is marked Inconclusive.

Evaluation logic in version 1.0.0

The following table documents the exact pass/fail logic implemented in John The Baptist 1.0.0. A dash means the profile does not evaluate that metric.

Profile	Integrated Loudness	True Peak	Additional check
EBU R128	-24.0 to -22.0 LUFS	max -1.0 dBTP	LRA max 20.0 LU
Netflix	-29.0 to -25.0 DG LUFS	max -2.0 dBTP	dialog-gated
Amazon (preset)	-29.0 to -25.0 DG LUFS	max -2.0 dBTP	dialog-gated
US Broadcast / ATSC A/85	-26.0 to -22.0 LUFS	max -2.0 dBTP	-
YouTube (reference)	max -14.0 LUFS; no lower bound	max -1.0 dBTP	-
Theatrical (reference)	-31.0 to -23.0 LUFS	max -2.0 dBTP	internal reference
Cinema Trailer	-	-	Leq(m) max 85.0

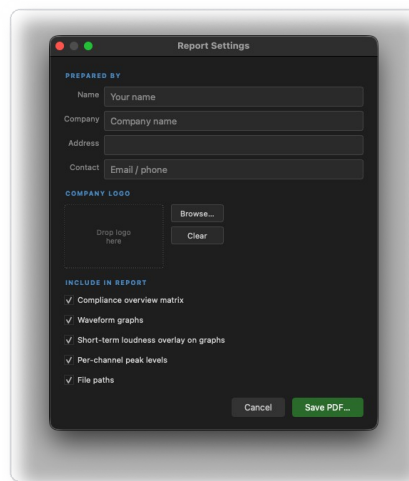
How pass/fail is decided

- Integrated Loudness passes only inside the stated range. YouTube has no lower bound, so quieter material does not fail its loudness check.
- True Peak is an upper-bound check only.
- Only EBU R128 checks LRA against 20 LU. If LRA cannot be measured, that individual check is skipped.
- Only Cinema Trailer checks Leq(m).
- If a required LUFS, True Peak, dialog-gated, or Leq(m) measurement is unavailable, the result is Inconclusive rather than Pass or Fail.

CONTEXT Some entries are deliberately marked preset or reference. They document the app logic and do not automatically represent a universal or officially certified delivery specification.

Create the PDF report

1. After analysis, open Report Settings.
2. Enter Name, Company, Address, and Contact under Prepared By.
3. Add your company logo with Browse..., or remove it with Clear.
4. Enable the report elements you need. All options are enabled by default.
5. Click Save PDF... and choose the file name and destination in the macOS dialog.



Report Settings: sender details, custom logo, and selectable report elements.

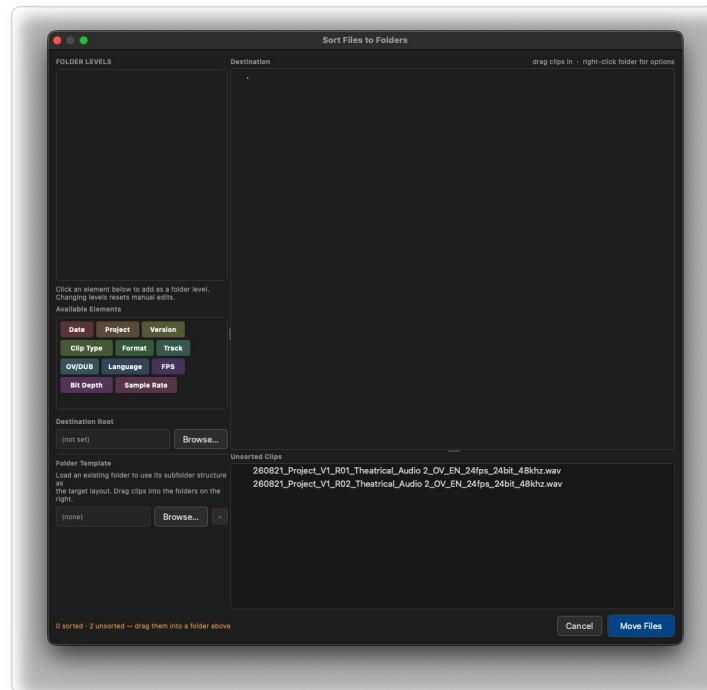
Report contents

- Compliance overview matrix with Pass, Fail, or Inconclusive for the selected profiles
- Integrated Loudness, dialog-gated Loudness, True Peak, LRA, Leq(m), Dialnorm, and Digital Clips when available
- waveform, short-term loudness trace, and per-channel peak levels
- track name, file path, start timecode from WAV metadata, duration, sample rate, bit depth, and channel information, plus internal links to file details

NOT A CERTIFICATION The report supports QC workflows, but it is not an official certification and does not guarantee acceptance. Always verify results against the current delivery specification supplied by the broadcaster, platform, or client.

Sort files into folders

Sort Files to Folders works independently from renaming and Loudness Report. Build a new hierarchy from tokens or load the subfolder structure of an existing Folder Template.



Folder Levels define the hierarchy; drag files from Unsorted Clips into the destination tree.

1. Click Sort Files to Folders....
2. Under Available Elements, click the tokens you want to use; each level creates another folder depth. Alternatively, load an existing structure under Folder Template.
3. Choose the Destination Root with Browse....
4. Drag any remaining Unsorted Clips into the required destination folders.
5. Review the destination tree carefully and click Move Files.

CAUTION: MOVE Files are moved, not copied. John saves and closes the session, moves the files, and reopens it. Create a backup first and relink manually afterwards. Destination conflicts cause an error; nothing is silently overwritten.

What John is not designed to do

- John does not edit, mix, or master audio content.
- The report does not replace listening, final QC, or client acceptance.
- The app does not automatically relink Pro Tools media after Move Files.
- The app cannot guarantee that a naming convention or measurement meets every client-specific requirement.
- Non-WAV source files are outside the intended loudness workflow in version 1.0.0.

Troubleshooting and support

Issue	Check first
Waiting for Pro Tools	Launch Pro Tools and open a session. The connection is restored automatically.
Process cancelled	Restart the full process; there is no resume function.
Activation fails	Check the internet connection, Activation Key, and existing device activations.
File error	Confirm the media is online in Pro Tools, exists on disk, and is writable.
Rename blocked	Review the Preview for duplicate names or characters not accepted by the file system.

Send diagnostics

Both apps create diagnostics.log. In the app menu, choose Show Diagnostics Log in Finder or Copy Diagnostics to Clipboard.

- Describe the reproduction steps, expected and actual behavior, app, macOS, and Pro Tools versions, and the Mac model.
- Attach the exact error text or a screenshot and diagnostics.log when possible. Anonymize confidential details; send sessions or audio files only after consulting support.

Support: support@thesound.ninja

Privacy, uninstall, and links

Privacy

The apps do not upload audio, session content, or file names. Internet connections are used only for license actions, license validation, and version checks. There is no telemetry and no automatic crash reporting.

Complete uninstall

Move the app from Applications to the Trash and, if required, delete its folder under ~/Library/Application Support/.

Useful links

Product and download: thesound.ninja/john-the-baptist.html

License management: thesound.ninja/manage-license.html

Lost license key: [Lemon Squeezy - My Orders](#)

The License Agreement, Privacy Policy, version number, and third-party licenses are available in the app's About view.